

BE YOUR BEST VERSION (BYBV) PSYCHOMETRIC TEST RESULTS



What type of person are you?

Ashish M. Jain

The central image shows a man (Ashish M. Jain) and a woman sitting at a laptop. Surrounding them are nine circular icons representing different personality types:

- Type 1: A cartoon man in a suit holding a gavel and scales of justice. This icon is highlighted with a thick red border.
- Type 2: A man in a suit standing at a podium with a green screen behind him.
- Type 3: A cartoon man pointing to a bar chart on a presentation screen.
- Type 4: A cartoon man with glasses standing in front of a green chalkboard.
- Type 5: A man wearing a hard hat and safety vest, surrounded by gears.
- Type 6: A woman in a white lab coat holding a stethoscope.
- Type 7: A man in a blue shirt standing next to a laptop and a lightbulb.
- Type 8: A silhouette of a man in a suit next to a clipboard and a gear.
- Type 9: A woman in a yellow top holding a red folder.

05/07/2024

STUDENT DETAILS

| | |
|-------------------------|--|
| School's Code: | |
| School's Name: | |
| Student's Name: | |
| Parent's Name (Father): | |
| Parent's Name (Mother): | |
| Date of Birth: | |
| Sex: | |
| Contact No: | |
| E-Mail ID: | |
| Address: | |

REQUEST FOR PARENTS/TEACHERS

The content of the report should be reviewed before parents/ teachers before and discussion with their children. It is our sincere request that you use the report and its findings to make the life of your child stress free and help him discover his/her true potential and talents. We wish you and your child the very best!

DISCLAIMER

Disclaimer: The information provided in this analysis belongs to it's owner only, in case of a minor the rights of its information are with his legal guardian. The content of this analysis are only for reference basis on the scientific research. The decision to follow any instruction, advise, suggestion or recommendation completely depends upon you and you will be solely responsible for the consequences of the same. We as an organization or any of its representative are not responsible for any consequences under any circumstance. ALL RIGHTS RESERVED BY "Dr. Ravindra Dey". **Reproduction or alteration in any form (electronic, written etc.) without explicit written permission is strictly prohibited.**

MESSAGE FROM Dr. RAVINDRA DEY

Dear Parents,

At the outset, let me take this opportunity to congratulate both the parents and the child for taking the decision to take this test. I am writing this note to emphasize the importance of this tool which will help both the child and parents to shape the future of the child.

The Enneagram is a profound and versatile tool for personal development that offers children a valuable framework for self-discovery and personal development. By understanding their Enneagram type, children can cultivate self-awareness, emotional intelligence, and empathy, leading to a more fulfilling and successful future. This tool not only supports their growth but also helps them become the best versions of themselves. By offering insights into personality types, core motivations, and behavioral patterns, the Enneagram helps children understand themselves and others better. Further the same model, Enneagram will also help parents tailor their approach to meet the unique needs for the child.

Parents are always in one of three places: In front of their children to cheer them on, behind them to have their back, or next to them so that they are not walking alone. It depends on the personality of the parents also whether they are in front of their children, behind the children or next to them. However, what is important for parents to realise is that depending on the personality of the child you need to support them appropriately.

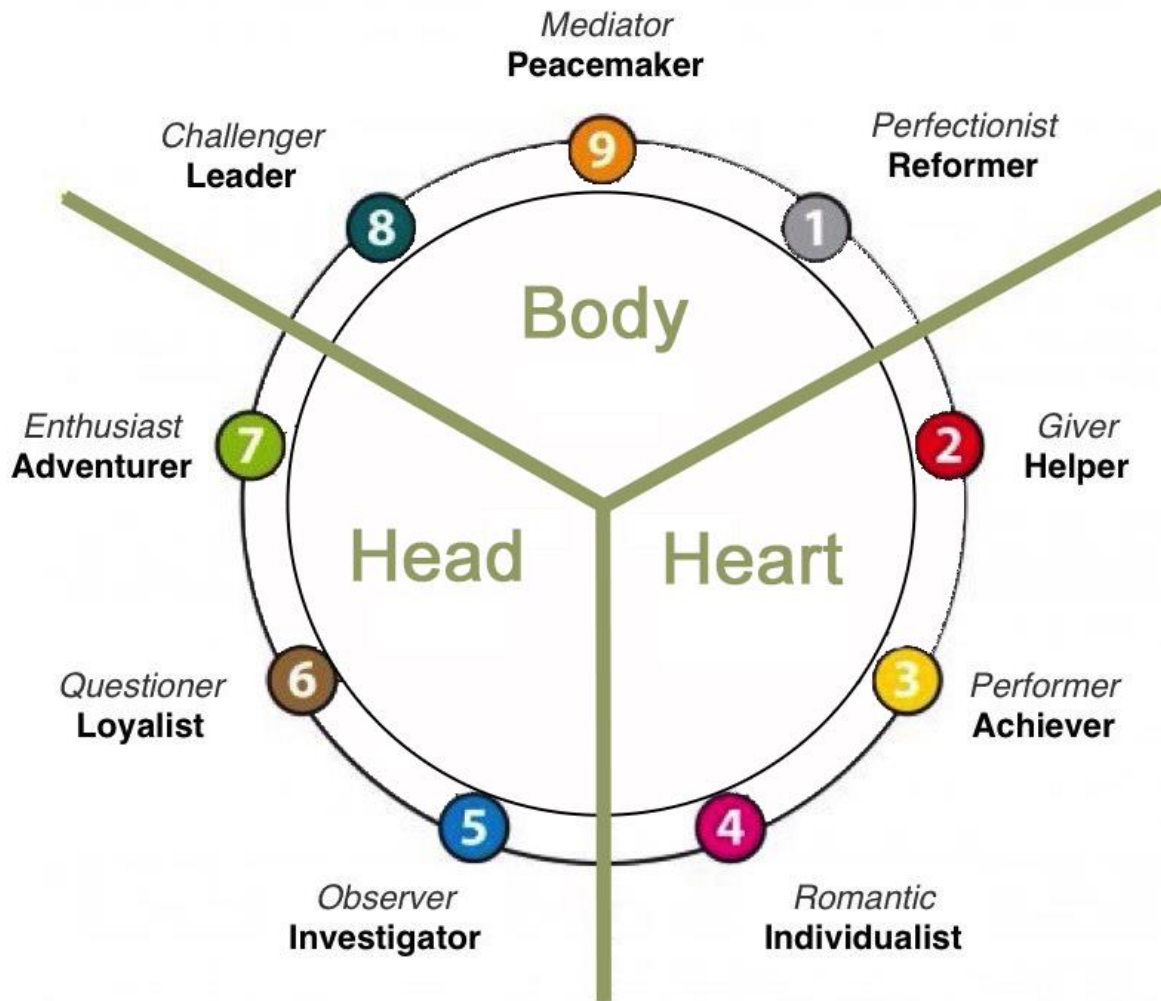
In conclusion, role of parents in a child's career choices, growth, and development cannot be overstated. By providing guidance, support, and opportunities, you can help our children navigate the complex world of career planning with confidence and enthusiasm. The goal should be to empower them to make informed decisions that align with their passions and strengths, leading to a fulfilling and successful future.

Encourage and support your kids because children are apt to live up to what you believe of them.

Best Wishes !


RAVINDRA DEY

THE ENNEAGRAM



The word Enneagram comes from the Greek words ennea (nine) and gram (what is written or drawn).

It refers to the nine different Enneagram Style, identified as numbers 1-9.

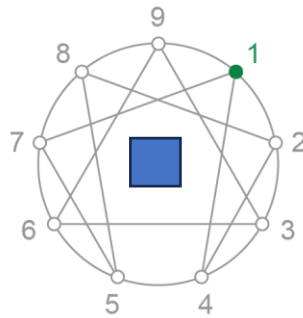
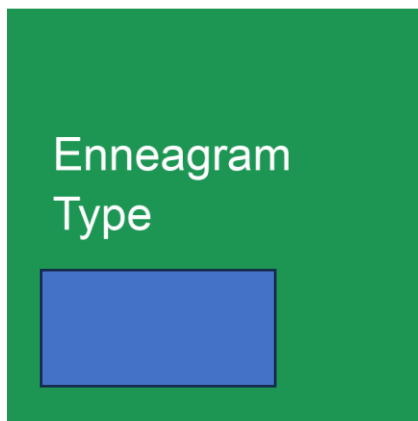
Each number represents a type that resonates with your core motivations. This impacts on personality as well as thinking, feeling and actions.

The Enneagram is a useful guide on your journey towards self-development, relationship building, conflict resolution and model for choosing career. It is however not aimed at "boxing", limiting or categorizing you. As an individual you are more complex, unique and distinct than your Enneagram style reflects.

While your Enneagram style remains the same throughout your life, the characteristics of your style may either soften or become more pronounced as you grow and develop.

The Enneagram is an archetypal map. It is powerful, practical and rich in the content and insight it offers. You may find that at different times, different aspects of this report will resonate with you and that certain aspects of your style may be more prominent at certain times in your life, or in particular circumstances.

YOUR ENNEAGRAM TYPE IS:



Characteristics:

Principled, purposeful, conscientious, fair, honest, moral, neat, orderly, perfectionistic, punctual, self-disciplined, sensible, thorough, uses "should" a lot

The Rational, Idealistic Type:

in Brief

Ones are conscientious and ethical, with a strong sense of right and wrong. They are teachers, crusaders, and advocates for change: always striving to improve things, but afraid of making a mistake. Well-organized, orderly, and fastidious, they try to maintain high standards, but can slip into being critical and perfectionistic. They typically have problems with resentment and impatience. *At their Best:* wise, discerning, realistic, and noble. Can be morally heroic.

Core fear: Being incorrect or out of control

Core desire: To be a good person

Key Motivations: Want to be right, to strive higher and improve everything, to be consistent with their ideals, to justify themselves, to be beyond criticism so as not to be condemned by anyone.

Focus of Attention

What is right or wrong, correct or incorrect.

Life Lesson

To change what can be changed, to accept what cannot be changed, and to develop the wisdom to know the difference.

Speaking Style

Ones are precise, clear, direct, honest and detail-oriented. Others may perceive Ones as judgmental, critical, sermonizing or closed-minded.

Basic proposition

You must be good and right to be worthy.

Strengths

Honest, responsible, conscientious, hard-working, dependable, practical, self-reliant

Challenges

Resentful, rigid, judgmental, non-adaptable, overly critical

THE [REDACTED] CHILD – THE GOOD BOY/GIRL

They want to be good, and they do mean well in their attempt to improve their classmates, siblings, and parents. They are the North Star, shining their light for others to follow—and this gives meaning to their existence. Life would be better for everyone, they believe, if they just conformed to the rules, and all became like Goody Two-Shoes.

One kids quickly learn that being good and responsible is the way to garner strokes and praise from their parents. They're self-disciplining and they discipline others—even their parents. Little Ones can be frustrated by their playmates, who they see as being lazy, untidy, noisy, and unreliable. Remember the kid on the playground who had you all playing by the rules? Who'd get furious if you dared move up the snakes and down the ladders, just because it was fun? The bossy child who'd tear up with frustration at nonconforming children's irreverence?

POSITIVE TRAITS OF A ONE CHILD

- They are responsible
- They want to be the best they can be
- They are punctual
- They are fair
- They are honest
- They persevere
- They like order
- They stick to the rules

CHALLENGING TRAITS OF A ONE CHILD

- They might snitch on other children
- They act superior
- They dislike criticism
- They won't accept blame or responsibility
- They need to feel in control
- They can be intolerant
- They are fussy eaters

BRINGING OUT THE BEST IN YOUR ONE CHILD

- Teach your child to be accepting
- Show them it's okay to have fun
- Don't give them undue responsibility
- Teach them about nuance and flexibility
- Help them keep a positive perspective
- Avoid perfectionistic behavior
- Model compassion

ENNEAGRAM ONE WINGS: 1w9 (“*The Idealist*”) and 1w2 (“*The Advocate*”)

WING DESCRIPTIONS 9-1-2

9 – Wing

Comfort:

-
- Their intense need and drive to correct and improve is toned down
 - The Nine invites Ones to be more relaxed, trusting and accepting of others
 - Willingness to surrender to the natural unfolding of events
 - Able to hold more viewpoints and be more collaborative than the One

Challenges:

-
- May make Ones less resourceful or prone to putting off important tasks
 - They may neglect things which are important but difficult
 - Influences Ones to focus less on themselves and more on what needs to be done, which may lead to self-neglect

2 – Wing

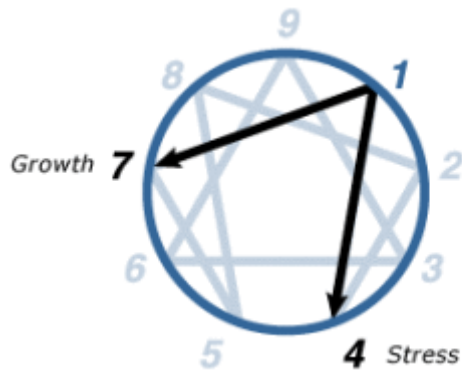
Comfort:

-
- The critical attitude of the One is tempered by compassion and understanding of others
 - Invites Ones to give time to their own needs instead of only to what they ‘should’ do
 - Brings acceptance of limitation, that the One can’t fix the world
 - Idealism is expressed constructively, in the form of service to others

Challenges:

-
- This wing makes Ones more prone to feeling hurt if their efforts are not appreciated
 - Their desire may shift to wanting to improve people and situations to feel worthwhile and accepted
 - They may feel victimized or taken advantage of, even as they sacrifice their own needs

THE MEANING OF THE ARROWS



When moving in their Direction of Disintegration (stress), methodical Ones suddenly become moody and irrational at Four. However, when moving in their Direction of Integration (growth), angry, critical Ones become more spontaneous and joyful, like healthy Sevens.

LINES OF MOVEMENT

1 moves to 7:

- **Positive:** less critical, more enthusiastic, more optimistic, let go of need to control and gain spontaneity, see the positive rather than what's wrong, loosen up and have fun
- **Negative:** self-destructive and excessive and then return to harsh self-criticism

1 moves to 4:

- **Positive:** get in touch with deeper feelings
- **Negative:** anger turns inward into depression, lose trust in themselves and feel unlovable, feel hopeless longing for what they can't have

HEALTHY v/s UNHEALTHY ENNEAGRAM

When they are healthy, Ones see an abundance of situations to improve and accept the dynamic chaos of life as it is. They have a strong sense of justice and fairness, and are willing to tolerate and understand the diversity of humanity to further progress for the greater good. The Perfectionist achieves an ideal work-life balance and understands how to relax.

When they are average, Ones organize and compartmentalize all aspects of their lives, follow strict ideals and are likely passionate about various social causes. This is evident in their professional or personal pursuits and societal memberships. Often rigid workaholics, Perfectionists may suppress emotional needs in order to get things done.

When they are unhealthy, Ones become out of touch with reality and focus on irrelevant factors. This can lead to a self-affirming spiral of prejudice to the point of obsession and compulsion. They may discredit others' opinions and nitpick to keep their distorted self-image in check. There is little room for error in this state, and Perfectionists can fall into explosions of rage and fury when their principles are under attack.

YOUR EMOTIONAL INTELLIGENCE SCORE IS:



They tend to be low in frustration tolerance for unsatisfactory conditions, changeable and plastic, evading necessary reality demands, very fatigued, irritable, easily emotional and annoyed, active in dissatisfaction. They may have phobias, sleep disturbances, psychosomatic complaints etc.

- **Limited Self-Awareness:** May struggle to recognize and understand their own emotions and how they affect their behavior.
- **Poor Empathy:** Difficulty in understanding and relating to the emotions and perspectives of others, potentially leading to insensitivity.
- **Impulsive Behavior:** Challenges in managing emotions, leading to impulsive reactions and difficulty adapting to changing circumstances.
- **Ineffective Communication:** Struggles with building and maintaining relationships, often resulting in misunderstandings and conflicts.
- **Low Emotional Resilience:** Difficulty coping with stress and setbacks, leading to a tendency to be easily overwhelmed by challenges.

YOUR INTELLIGENCE QUOTIENT SCORE IS:



They tend to be quick to grasp ideas, fast learner, & intelligent. They may have good level of culture and alertness.

- **Problem-Solving:** Ability to analyze problems, identify solutions, and implement effective strategies for resolution.
- **Logical Reasoning:** Proficiency in understanding and applying logical principles to make sound decisions and solve complex issues.
- **Learning Ability:** Quick to grasp new concepts, adapt to new information, and apply knowledge effectively in various contexts.
- **Analytical Thinking:** Capacity to break down information into smaller components for detailed examination and understanding.
- **Memory Retention:** Ability to retain and recall information accurately and efficiently, aiding in learning and problem-solving.

PERSONAL GROWTH RECOMMENDATIONS

Be kinder to yourself. In the extreme or under stress, Type Ones can be so hard on themselves that they can make themselves miserable. Easing up on your inner negative critic is something to consider. Think about how a close friend would feel if you levelled that same critique at them.

Recognize that not everyone is where you are. Ones can be great colleagues, teachers, partners and friends, but often their own high-standards can make them seem judgmental, and overly rigid. Learning to accept people as they are, and to pause (or at least censor yourself) before getting overly preachy or nitpicky is important.

Be flexible and open to outside perspectives. Bringing moral clarity and strong principles to your work and life is great -- and has empowered many Type Ones who have led major social movements (like Mahatma Gandhi and Nelson Mandela). However, staying humble and grounded in living those truths (vs. just preaching them), and understanding that people may bring other views to the table, is critical to maintaining balance.

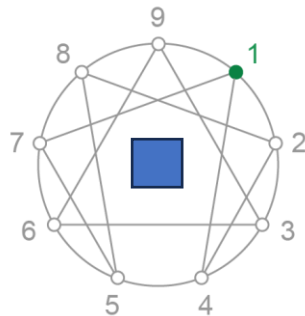
Establish a healthy work/life balance. Ones tend to be driven workaholics with extraordinary focus, which can lead to much career success - as demonstrated by multiple Type Ones who have reached the heights of their own fields (from Michelle Obama, to Captain "Sully" Sullenberger, to Tina Fey). But being mindful of the need to balance all those late office nights with time for relationships, family, health, and your own overall wellness is key.

Lighten' up! This may seem "easier said than done," but the One's path to growth lies in learning to not take everything in life so seriously. Look for the silliness in yourself and the world around you, and take time to relax and be present.

ENNEAGRAM CAREERS

- Lawyer
- Business Executive
- Judge
- Politician
- Social Worker
- Software Developer
- Teacher
- Financial Planner
- Journalist
- Healthcare Professional

Enneagram Type (Father)



Characteristics:

Principled, purposeful, conscientious, fair, honest, moral, neat, orderly, perfectionistic, punctual, self-disciplined, sensible, thorough, uses "should" a lot

The Enneagram is a tool for self-analysis, while parenting requires acknowledging a child's unique personality. Parents influence their children, but a child's attitude and cultural factors also play a role. There's no perfect parenting style, and parents can't control who their child becomes. However, the family environment parents create impacts the child's development in various aspects.

Perfectionist One parents are responsible and dedicated to their roles as caretakers. You're the reliable, responsible, wise, dedicated, and fair parent every child can benefit from being raised by. You encourage your child's development and have a sensible, balanced approach to life. You provide good boundaries and instill a strong sense of morality and impeccable action.

If you're a One parent, you work hard to improve yourself and your child. You're likely to be neat, tending towards pastels or navy over shocking pink or neon orange, and suits or classic designs rather than jeans and a grubby T-shirt. Chances are that you walk with a sense of purpose, as if embarking on an important mission (which you probably are). You're a dutiful parent and aim to raise your kids to be solid, upstanding citizens.

Advantages of Being a One Parent:

- You have firm boundaries
- You are punctual
- You are detail orientated
- You are hardworking
- You are fair
- You are responsible, sensible, and reliable
- You are honest
- You have wisdom
- You have self-discipline
- You strive for excellence
- You are thoughtful

PERSONAL GROWTH RECOMMENDATIONS

FOR [REDACTED] PARENTS

The first step is self-awareness. Perfectionist parents often have a harsh internal critic judging themselves and their children. Recognizing this inner voice allows you to separate its negativity from reality. Instead of praising only perfect results, celebrate your child's effort and progress. This fosters a growth mindset, encouraging them to learn and improve without fearing failure.

Perfection doesn't exist. Help your child understand that mistakes are opportunities to learn. Normalize making mistakes by sharing your own experiences and talking about how you overcame challenges. Your child is their own person, not an extension of you. Acknowledge their unique personality, interests, and strengths. Avoid comparing them to others or imposing your expectations excessively.

Don't create a rigid environment. Encourage open communication and allow your child to express their feelings freely, even if they differ from yours. Rather than suppressing emotions, show your child healthy ways to express anger, frustration, and even joy. Talk about your emotions, and use "I" statements to communicate your feelings constructively.

Set achievable goals together, focusing on progress and celebrating small wins of you children. Change takes time. Be patient with yourself and your child. Allow them to learn and grow at their own pace.

Remember, being a good parent isn't about achieving perfection. It's about providing a loving, supportive environment where your child feels safe to explore, make mistakes, and learn from them. By acknowledging your own tendencies and implementing these tips, you can foster a more positive and healthy relationship with your child.

SUMMARY: THE MORALIZER PARENT

Positives to Build On

Moral compass, trusts instincts

Analytic ability

Detail orientation

Honorable

Continual self-improvement

Can envision perfection

Takes on causes; upholds justice, ethics,
and moral principles

Helps others see error

Strives for excellence

Negatives to Overcome

Focuses on what's wrong

One-track thinking, it's either right or wrong

Overpreparation, avoids error

Inflexible, rigid, tends to self-righteousness

Moral superiority masks real emotions

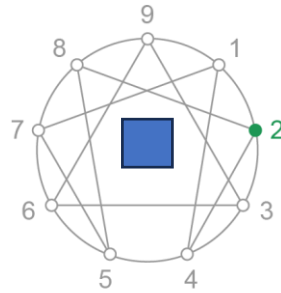
Procrastination from fear of error

Indirect anger at being responsible for
making the world "right"

Lives with harsh inner critic commenting on
performance

Burdened by self-criticism about not meeting
internal standards of perfection

Enneagram Type (Mother)



Characteristics:

Affectionate, caring, considerate, demonstrative, good listener, helping, other-oriented, overly protective, relationship-oriented, sacrificing, seductive, supportive

The Enneagram is a tool for self-analysis, while parenting requires acknowledging a child's unique personality. Parents influence their children, but a child's attitude and cultural factors also play a role. There's no perfect parenting style, and parents can't control who their child becomes. However, the family environment parents create impacts the child's development in various aspects.

What a great parent! Integrated Two parents are nurturing, loving, and giving. You willingly sacrifice your time, energy, and resources to help your child. As such, you are supportive and affirming, and you empathetically tune in to your child's needs. You imbue a love of self and others.

When it comes to your child's efforts, you'll happily and unselfishly find the time to help with homework or a school project—because family comes first. Twos are the most people-orientated of all the Enneagram types, which bodes well for your child's playdate schedule.

If the school needs a volunteer to take kids on an outing, your hand will be quickly raised. When integrated, you truly accept and listen to your child, lovingly getting them to see all the positive traits they have and encouraging those they have yet to develop. When your child has failed or made a mistake, you are quick to forgive and move on.

Advantages of Being a Two Parent:

- You like to praise
- You're a good listener
- You emphasize relationships
- You put your child first
- You're considerate
- You're sociable
- You teach independence

PERSONAL GROWTH RECOMMENDATIONS

FOR [REDACTED] PARENTS

Helper parents often neglect their own needs. Schedule "me-time" for activities you enjoy, even if it means saying no to requests sometimes. Setting boundaries with your children (e.g., designated chores, playtime expectations) allows you to offer more effective support without feeling overwhelmed.

It's okay to ask for help! Don't be afraid to delegate tasks to your partner, family, or friends. This doesn't diminish your role as a helper; it allows you to recharge and ensure everyone contributes

Helper parents can struggle with a lost sense of self. Rediscover your passions and interests. Pursue hobbies, spend time with friends, or take a class. This self-care strengthens your individuality and allows you to model healthy boundaries for your children.

True connection thrives beyond simply doing things for others. Focus on open communication with your children. Listen actively to their thoughts and feelings, creating a safe space for them to express themselves. This fosters a deeper bond that doesn't rely solely on your service.

While Helpers excel at achieving goals, remember the importance of enjoying the process. Instead of constantly fixing things, empower your children to problem-solve and learn from mistakes. Celebrate small victories together, strengthening your connection and fostering their independence.

SUMMARY: THE HELPER PARENT

Positives to Build On

Gives invaluable support

Supports authority figure

True altruist

Caregiver

Capable of real CONNECTION

Emotional boy

Nurturer

Facilitates potential in others

Negatives to Overcome

Proud of being needed

Constant need for approval

Selective about whom to help

Curries favor

Plays it safe, not a risk taker

Assumes many selves, manipulative

Flatterer

Can become resentful and angry if feels
freedom is curtailed

Parents are the ultimate role models for children. Every word, movement and action has an effect. No other person or outside force has a greater influence on a child than the parent.

- Bob Keeshan

